



Mike Smith does good.

Video Vault: Meals on Wheels

Mike Smith, of Lincoln, Neb., started his charity Skate For Change in the simplest way possible: Every Tuesday, the 28-year-old would ride out and deliver canned goods, water, and socks to the homeless he saw near his skate spot downtown. Now he has more than 30 skaters who go along with him. "We're not trying to push anything besides 'We've got food, socks, and clothing, and we're ready to help.' I want kids nationwide to realize if you skateboard, you can do it on your own."

Watch Skate for Change on YouTube: bit.ly/rrl2u8.



Propane tank jump? Check.

Southern Living

Hey, all you skiers out there with your Rocky Mountain highs and your glorious Vermont powder—the lesser-known ski havens of the Appalachians want to strut their stuff, too. The Red Bull Thingamajib at the Appalachian Ski Mountain resort in Blowing Rock, N.C. on Jan. 28 is a tongue-in-cheek event showcasing found objects for slopestyle jibbing. The course features propane tanks; a satellite dish; a telephone booth; a tire from a super truck, and the chassis of Brian Vickers' NASCAR Sprint Cup car.

Back to the grind: www.appskimtn.com



The U.S. 800m champion.

MY FIRST RACE...

Sprinter Alysa Johnson gets all nostalgic on us

The 800m is an odd duck of a race—longer than the quarter-mile sprint of the 400m, but not quite the mile, with its "Chariots of Fire" imbued glory. So how did Alysa Montaño Johnson, who finished fourth at the IAAF World Championships, come to specialize in it? It helps to start winning when you're in elementary school.

"I think my first race was in the fifth grade. I walked the first lap and then sprinted the final lap, and won in 2:24. [The world record is 1:53, set in 1983.] That was it—every year I was asked to run it at least once, and I did, but I was sort of reluctant because my little body felt like it was so long. My coach saw potential, so he would make me run every race during the main season, but when championships got underway he would put me in the 800. I didn't mind, because I didn't have to run it all the time. My freshman year, I ran 2:10 at a major championship—and from then on, I was an 800 runner."

Where Alysa gets her wiings: www.redbullusa.com



George Town Freerunner Ryan Doyle gets a heads-down in the Cayman Islands. Juan José Marroquín



Porto Alegre Brazilian rapper Marcelo D2 (right) enjoys a Red Bull Soundclash on home turf. Marcelo Maragni



Moscow At a Red Bull Crashed ice qualifier, obstacles are to be circumvented, not limbo-ed. Daniel Kolodin